



Darren Seah Ee-Jin

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Research Interests:

- Chronic Disease Management
- Endocrinology
- Metabolic Disorders

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Biography

Dr Darren Seah is a Senior Consultant Family Physician and Director of the Family Medicine Development Department and Regional Director (Central Health) at the National Healthcare Group Polyclinics. He completed his medical degree and postgraduate training of Masters in Medicine (Family Medicine) at the National University of Singapore, followed by his Fellowship training at the College of Family Physicians, Singapore.

Selected Publications

- Lim RBT, Chen C, Naidoo N, Gay G, Tang WE, Seah EJD, Chen R, et al. Anthropometrics indices of obesity, and all-cause and cardiovascular disease-related mortality, in an Asian cohort with type 2 diabetes mellitus. *Diabetes & Metabolism*. 2015; 41(4):291-300.
- Siaw MYL, Chew DEK, Toh MPHS, Seah DEJ, Chua R, Tan J, Lee EYQ, Chan SY, Lee JYC. Metabolic parameters in type 2 diabetic patients with varying degrees of glycemic control during Ramadan: An observational study. *Journal of Diabetes Investigation*. 2016; 7(1):70-75.
- Chandran K, Tai K, Toh M, Phng F, Seah EJD, Wu C. Development and Validation of a Primary Care Tool to Identify Patients With Type 2 Diabetes Mellitus at High Risk of Hypoglycemia-Related Inpatient Admissions. *Journal of Endocrinology and Metabolism*. 2019; 9(3):43-50.
- Chew QH, Chia LAF, Ng WK, Lee WCI, Tan PLL, Wong CS, Pua SH, Shelat VG, Seah EJD, Huey CWT, Phua EJ, Sim K. Perceived Stress, Stigma, Traumatic Stress Levels and Coping Responses amongst Residents in Training across Multiple Specialties during COVID-19 Pandemic - A Longitudinal Study. *International Journal of Environmental Research and Public Health*. 2020. doi: 10.3390/ijerph17186572.
- Abdin E, Chong SA, Vaingankar JA, Shafie S, Seah EJD, Chan CT, Ma S, James L, Heng D, Subramaniam M. Changes in the prevalence of comorbidity of mental and physical disorders in Singapore between 2010 and 2016. *Singapore Medical Journal*. 2020. doi: 10.11622/smedj.2020124.
- Luo M, Tan LWL, Sim X, Ng MKH, Dam RV, Tai ES, Chia KS, Tang WE, Seah EJD, Venkataraman K. Cohort profile: the Singapore diabetic cohort study. *BMJ Open*. 2020; 10(5):e036443. doi: 10.1136/bmjopen-2019-036443.
- Chew QH, Chia LAF, Ng WK, Lee WCI, Tan PLL, Wong CS, Pua SH, Shelat VG, Seah EJD, Huey CWT, Phua EJ, Sim K. Psychological and Coping Responses to COVID-19 Amongst Residents in Training Across ACGME-I accredited Specialties in Singapore. *Psychiatry Research*. 2020; 290:113146. doi: 10.1016/j.psychres.2020.113146.

- Ying J, Wan J, Sim K, Seah EJD, Subramaniam M. Perceived knowledge of Psychiatry and Family Medicine residents regarding medical management of schizophrenia, hypertension, diabetes mellitus, and dyslipidemia: opportunities to refine the residency training. *BMC Medical Education*. 2021; 21:232. doi:10.1186/s12909-021-02658-z.
- Tan XW, Lee ES, Toh MPHS, Lum AWM, Seah EJD, Leong KP, Chan CYW, Fung DSS, Tor PC. Comparison of mental-physical comorbidity, risk of death and mortality among patients with mental disorders — A retrospective cohort study. *Journal of Psychiatric Research*. 2021. doi: 10.1016/j.jpsychires.2021.07.039.
- Mok YJ, Fong QW, Law S, Seah EJD, Lum KLJ, Yeo JJJ, Lee L, Ang SWE. Operational requirements of medical posts in migrant worker dormitories during the COVID-19 outbreak in Singapore. *Singapore Medical Journal*. 2021. doi:10.11622/smedj.2021218.

Notable Research Awards & Grants From Past 5 Years

Name of Awards & Grants	Year Obtained
NHG Education Leaders Award	2015
NHG Young Achiever Award	2016